

North Alabama Foster Closet

Weighted Blanket Information, Order Form & Laundry Instructions

Weighted blankets can be useful for children and adults for comfort and assurance and as part of the treatment of trauma related and neurological disorders. Continue to seek appropriate medical and psychological professional care. The first time you put the blanket on the person, if his symptoms worsen in the first 5-10 minutes remove the blanket. Never use on infants.

If the blanket is the wrong weight, please contact the Closet for a replacement. If the child outgrows the weight, please ask for a new one. Keep the weighted blanket as long as needed. When you are done using the weighted blanket, please allow children to keep the blanket cover, then return the blanket to the Closet for the next child. Foster, adoptive and kinship families do not need to pay for these but may donate if they wish.

Laundry Instructions: Each blanket comes with a removable cover. Covers can be washed with normal laundry as often as needed. Additional covers can be requested if the child uses his blanket a lot. It is not necessary to wash weighted blankets routinely. If there is a need to wash the weighted blanket, you can wash it in cold water on gentle cycle with regular laundry detergent. It is wise to wash weighted blankets with three or more bath towels to help balance the load during the spin cycle. Dry in low heat then lay out to dry thoroughly.

Abundant Blessings!

Provide Adult Contact for Pickup
Name: _____
Phone/Email: _____

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Weighted Blanket Order form

Name of Adult ordering: _____

1st name of the child _____ Age of child _____ Weight _____

Reason for the blanket: _____

Child's favorite color, characters, texture, patterns if known: _____

Fabric preference for blanket cover: (fleece, flannel, minky, chenille, smooth cotton) _____

Anything the child cannot tolerate: (stripes, dots, certain characters, colors) _____

All blankets are made with pre-washed cotton fabric and poly pellets. No extra stuffing/batting.

Sizes of weighted blankets and lap pads available: Circle needed items if you have a preference.

Lap pads: 15 in x 20 in. Comes with a cover. Available in 2, 3, 4, or 5 lb. NOT for use on infants.
Small: 20 in x 32 in. Comes with a cover. Available in 2, 3, 4, or 5 lb.
Large: 32 in x 40 in. Comes with a cover. Available in 5, 6, 7, 8, 9, or 10 lb.
Extra-large blankets available on special request. Max size 40 in. x 60 in., max weight 12 pounds.

General rule for ordering weighted blankets: One pound of blanket for every 10 pounds of child plus 1 pound. Some children need a bit more or less.

Lap pads: Generally, 2-3 pounds are useful for pre-school children, 4-5 pound for elementary school children.