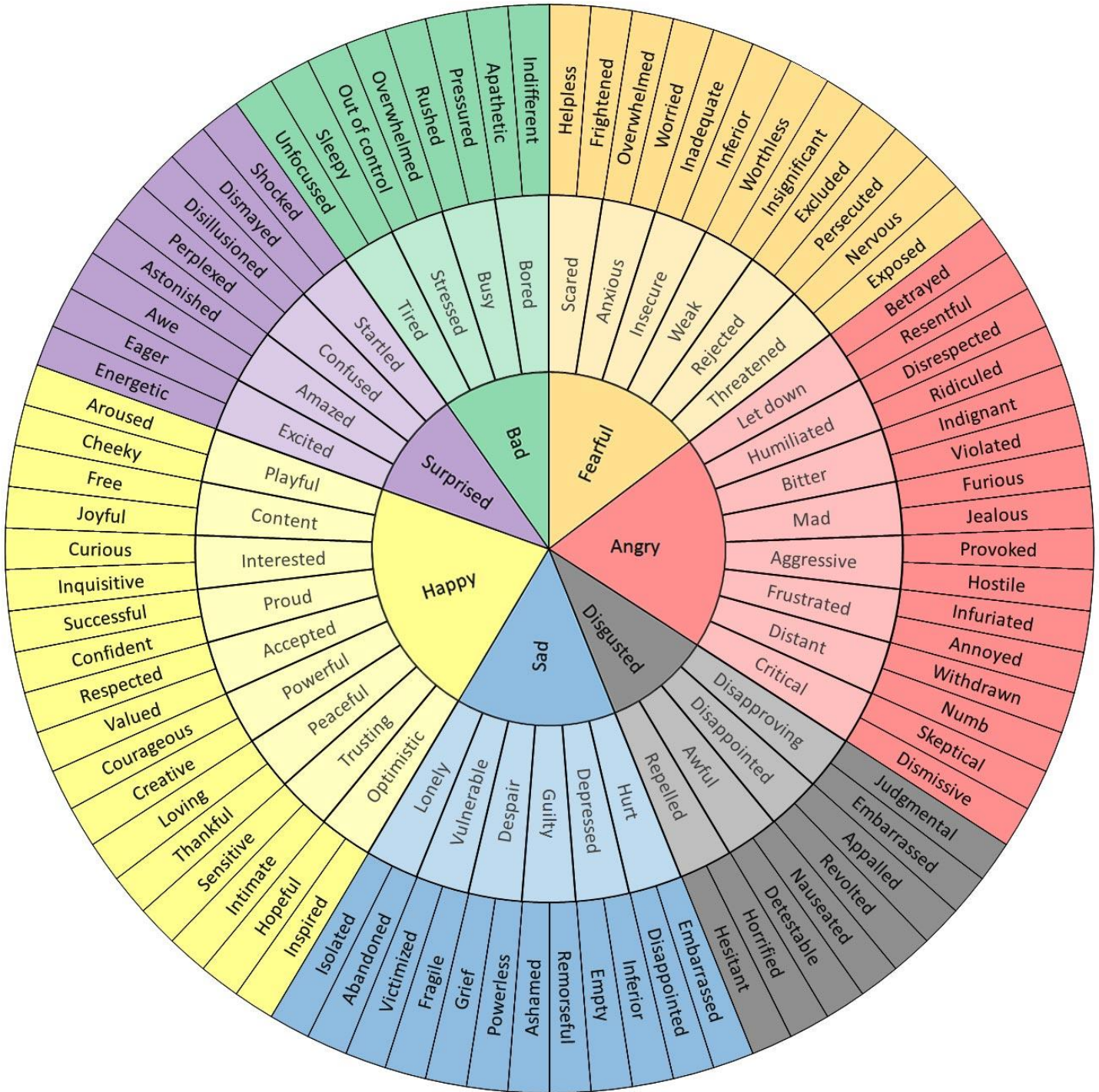


THE FEELINGS WHEEL



Source: Feeling Wheel from Willcox, Gloria (1982): "The Feeling Wheel: A Tool for Expanding Awareness of Emotions and Increasing Spontaneity and Intimacy"